# SCHOOL LUNCH HERO DAY

# School Lunch Hero Day Friday, May 2nd

When we say school nutrition professionals are heroes,
WE MEAN IT!
That's why we celebrate them every spring with the annual School Lunch Hero Day.
Join schools across the country who are recognizing the difference these team members make for every child who comes through their cafeteria.





### Thursday, May I

### **Breakfast**

\*Bacon, Egg, Cheese on a Roll

### Lunch

\*Twisted Pasta Plain or \*Tomato Sauce, Meatballs Green Peas WW French Bread Assorted Canned/Fresh Fruit Milk Variety

Salad Bar: Chef Salad Plate

# Friday, May 2

### **Breakfast**

Cinnamon Bun OR Yogurt Smoothie

### Lunch

Pizza with Cheese or Buffalo Chicken Topping Tossed Salad with Italian Dressing Fruit Juice Milk Variety

Salad Bar: Chef Salad Plate

### Monday, May 5

### **Breakfast**

\*Homemade Muffin

### <u>Lunch</u>

Copy Cat KFC Bowl Crunchy Popcorn Chicken Mashed Potatoes Sweet Corn, Gravy Assorted Canned/Fresh Fruit Milk Variety

### Tuesday, May 6

### Breakfast

\*Bacon, Egg, Cheese on a Roll

### <u>Lunch</u>

Pizza Bagel Caesar Salad Assorted Canned & Fresh Fruit Milk Variety

### Wednesday, May 7

### **Breakfast**

\*Homemade Muffin OR Banana Split Parfait

### <u>Lunch</u>

Bat & Ball
All Natural Beef Hot Dog
and Beef Slider
Lettuce & Tomato Cup
WG Pasta Salad
Assorted Canned/Fresh Fruit
Milk Variety

### Thursday, May 8

### **Breakfast**

\*Bacon, Egg, Cheese on a Roll

### Lunch

Top Your Mac & Cheese Buffalo or BBQ Chicken Broccoli Cuts Assorted Canned/Fresh Fruit Milk Variety

# Friday, May 9

### **Breakfast**

Cinnamon Bun OR Yogurt Smoothie

### <u>Lunch</u>

Pizza with Cheese or Pepperoni Topping Tossed Salad with Italian Dressing Fruit Juice Milk Variety



SALAD BAR FEATURING Grab & Go Chicken Caesar Salad Plate

### Monday, May 12

### **Breakfast**

\*Homemade Muffin

### Lunch

Sticks & Pucks Breaded Mozzarella Sticks and Chicken Slider \*Tomato Sauce for Dipping **Baked French Fries** Assorted Canned/Fresh Fruit Milk Variety

### Tuesday, May 13

### **Breakfast**

\*Bacon, Egg, Cheese on a Roll

### Lunch

\*Tacos Hard or Soft Shell Seasoned Beef/Lettuce/ Tomato/Shredded Cheese/ Salsa/Spanish Rice Assorted Canned/Fresh Fruit Milk Variety

### Wednesday, May 14

### **Breakfast**

\*Homemade Muffin OR Banana Split Parfait

### Lunch

Eggo Pancakes, Syrup Sausage or String Cheese Carrots & Celery Sticks Assorted Canned/Fresh Fruit Milk Variety PLC DAY 2HR Early Release

### Thursday, May 15

### **Breakfast**

\*Bacon, Egg, Cheese on a Roll

### Lunch

\*Wacky Mac Plain or \*Meat Sauce Broccoli WW French Bread Assorted Canned/Fresh Fruit Milk Variety

### Friday, May 16

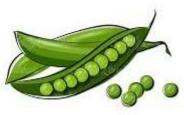
### Breakfast

Cinnamon Bun OR Yogurt Smoothie

### Lunch

Pizza with Cheese or **Veggie Topping** Tossed Salad with Italian Dressing Fruit luice Milk Variety

# **Vegetable of the Month**



# SALAD BAR HEATURING Grab & Go Chef Salad Plate

### Monday, May 19

### **Breakfast**

\*Homemade Muffin

### Lunch

Breaded Chicken Cutlet on a Hard Roll OR Grilled Chicken on a Bun Lettuce & Tomato Cup Assorted Canned/Fresh Fruit Milk Variety

### Tuesday, May 20

### **Breakfast**

\*Bacon, Egg, Cheese on a Roll

### Lunch

MAXX Pizza Sticks \*Tomato Sauce for Dipping Green Peas Assorted Canned & Fresh Fruit Milk Variety

### Wednesday, May 21

#### Breakfast

\*Homemade Muffin OR Banana Split Parfait

### Lunch

\*Hamburger or Cheeseburger on a Bun Lettuce, Tomato, Pickles Oven Baked French Fries Assorted Canned/Fresh Fruit Milk Variety

### Thursday, May 22

### **Breakfast**

\*Bacon, Egg, Cheese on a Roll

### Lunch

Pizza with Cheese or Pepperoni Topping Tossed Salad with Italian Dressing Fruit Juice Milk Variety

### Friday, May 23

### **Memorial Day Recess**

### **School Closed**

# Free & Reduced Applications Are No

Free School Meals Are

Here For Brewster!!!

Longer Needed.

ALL Brewster Students are eligible for school breakfast & lunch each day at no cost to families!

A La Carte & Snacks Will Still Be Available at Regular Prices.

**Any Questions Contact:** dpalmiero@brewsterschools.org Or call 845-279-3702 ext. 2125

# SALAD BAR FEATURING Grab & Go Chicken Caesar Salad Plate

### Monday, May 26



# Tuesday, May 27

# **Memorial Day Recess**

### **School Closed**

### Wednesday, May 28

### Breakfast

\*Homemade Muffin OR Banana Split Parfait

### Lunch

Chicken Tenders **Choice of Dipping Sauce** Grilled Chicken on a Bun Brown Rice, Peas Assorted Canned & Fresh Fruit Milk Variety

# Thursday, May 29

### **Breakfast**

\*Bacon, Egg, Cheese on a Roll

### Lunch

\*Oven Grilled Cheese Sandwich OR Grilled Ham & Cheese Sandwich Oven Baked Fries Assorted Canned/Fresh Fruit Milk Variety

### Friday, May 30

### **Breakfast**

Cinnamon Bun OR Yogurt Smoothie

### Lunch

Pizza with Cheese or Buffalo Chicken Topping Tossed Salad with Italian Dressing Fruit Juice Milk Variety

**SALAD BAR FEATURING Grab & Go Chef Salad Plate**